

# West Bend West High School

Department of Athletics  
1305 E. Decorah Road  
West Bend, Wisconsin 53095-4399  
Athletic Director – Erin Felber  
Phone 262-335-5608  
FAX 262-335-8241  
[efelber@wbsd-schools.org](mailto:efelber@wbsd-schools.org)



## ***2021 West Bend West Spartan Track and Field Invitational***

**\*\*\* CHANGES MAY OCCUR DEPENDING ON RULES AND REGULATIONS  
THAT MUST BE FOLLOWED DUE TO THE PANDEMIC\*\*\*\***

Hoping to have a 12 team invitational. Teams selected based on earliest return if changes must occur.

**SCHOOLS:**



**Boys Teams:**

**Girls Teams:**

**DATE / LOCATION:** Friday May 7th, 2021 / Carl Pick Memorial Field – West Bend West High School

**ADMISSIONS:** Adults - \$5.00      Students 5-17 - \$2.00      Under 5 - Free

**TIMES:**

2:30 P.M.	Track Opens
3:00 P.M.	Coaches meeting in the South Gym
3:30 P.M.	Field Events start
4:00 P.M.	Running Events begin

**BUSES:** Buses should follow the route depicted in attachment – dropping teams off in Lot A before parking in Lot B. Classes get out at 2:25 p.m. – so please follow these guidelines to avoid congestion. Buses may park in any lot after 3:00 p.m.

**ENTRY FEE:** \$250 per team – made out to West Bend West High School

**AWARDS:** First and second place team trophies. Individual medals: 1<sup>st</sup> through 6th place in all individual events and relays. Most Valuable Male and Most Valuable Female Awards will also be presented. Meet results will be available after the meet at [athletic.net](http://athletic.net) and [www.tracksidetiming.com](http://www.tracksidetiming.com). The team trophies will be presented after the 1600 Meter relay.

**ENTRIES:** Two (2) entries per school per event. One (1) relay team per school per relay event. There are no exhibition performances or extra relay teams in

any event. Changes can be made at the coaches meeting - scratch and replace only. **NO ADDITIONS.**

**Entries will be accepted online only using Athletic.net.**

Teams can access on-line entry directly at [www.athletic.net](http://www.athletic.net) or at [www.tracksidetiming.com](http://www.tracksidetiming.com)

Heat sheets will be posted at [www.tracksidetiming.com](http://www.tracksidetiming.com). Results will be posted on both web sites shortly after the meet.

The meet is titled "SPARTAN INVITE" in athletic.net. You must have all entries submitted by [REDACTED]

**\*\*\*NO LATE ENTRIES WILL BE ACCEPTED FOR SEEDING PURPOSES\*\*\***

**OFFICIALS:** TBA

**JURY OF APPEALS:** TBA

**LOCKER ROOMS:** Locker rooms will *not* be available – please dress appropriately.

**MEET MANAGERS:** **Mike Herther -West Bend West Boys Head Track Coach**  
[mherther@wbsd-schools.org](mailto:mherther@wbsd-schools.org) or 262-224-8755

**Matt Wanie – West Bend West Girls Head Track Coach**  
[mwanie@wbsd-schools.org](mailto:mwanie@wbsd-schools.org) or 262-305-4386

**TRAINER:** A certified athletic trainer will be available throughout the meet.

**CONCESSIONS:** ?.

**TENTS:** Tents may be set up outside of the stadium area. There is an area outside the stadium in the southeast corner that will be designated for team camps. There is a gate that athletes can come in and out. Absolutely no tents may be set up on the football field.

**INFIELD:** Only athletes and coaches participating in the high jump and pole vault will be allowed in the infield. **Please stay off of the turf!!!**

**EXCHANGE ZONE HELP:**

4X100 Exchange Zone 1 - **TBA** (boys/girls)

Exchange Zone 2 – **TBA** (boys/girls)

Exchange Zone 3 – **TBA** (boys/girls)

4 X 200 Exchange Zone 1 and 3 – **TBA** (boys/girls)

# Time Schedule

<b>2:30</b>	Track Opens
<b>3:00</b>	Coaches Meeting
<b>3:30</b>	Field Events
<b>4:00</b>	<b><u>RUNNING EVENTS TRIALS &amp; FINALS WILL RUN GIRLS /BOYS</u></b>
	<b>Trials</b> 110 Meter High Hurdle Trials
	100 Meter Dash Trials

## **15-Minute Break**

<b>Finals</b>	3200 Meter Relay
	110 Meter High Hurdles
	100 Meter Dash
	1600 Meter Run
	800 Meter Relay
	400 Meter Dash
	400 Meter Relay
	300 Meter Intermediate Hurdles
	800 Meter Run
	200 Meter Dash
	3200 Meter Run
	1600 Meter Relay

**High Jump:** The starting heights will be determined at the Coaches Meeting. **We have 2 pits so High Jump will be run at the same time. Boys will be on the Blue Pit and Girls on the Black Pit.** Will be on the south apron inside of the track. Coaches box is the south end-zone

**Pole Vault:** **Boys will Vault First Girls Second with 30 min. warm up between them.**The starting height to be determined at Coaches Meeting. Will be on the north apron inside the track. Coaches box is the north end zone.

**Shot Put:** **Girls Throw First** Three throws in trials and three in finals. Top 9 go to finals. Throws will be: 1-1-1. Coaches box is along the south fence. Only the flight throwing should be along the fence.

**Discus:** **Boys Throw First** Three throws in trials and three in finals. Top 9 go to Finals. Throws will be: 1-1-1. Coaches box is inside the fence. Only the flight throwing should be in the fence.

**Long Jump:** **Girls Jump First** Three jumps in trials. Three jumps in finals. Boys trials will start 30 minutes after the completion of the Boys Triple Jump. Trials will be open pit for 1 hour 15 minutes. Top nine (9) to finals 15 minutes after completion of trials. Coaches box is between the runways.

**Triple Jump:** **Boys Jump First** Three jumps in trials. Three jumps in finals. Girls trials will start 30 minutes after the completion of the girls Long Jump. Trials will be open pit for 1 hour 15 minutes. Top nine (9) to finals 15 minutes after completion of trials. Coaches box is between the runways.